



SCHEDULE FOR DECEMBER 2025

- Friday, Dec. 5** **9:30 – 10:30 Group speech**
 9:30 - 12:00 Counselling by appt.
 11:00 - 12:00 Exercise
 12:00 - Bag lunch
 12:45 - Art Therapy
 Followed by
 Ind. speech with Kristine by appt.
- Friday, Dec. 12** **10:00 – Christmas Party at the Bradley Centre**
 Raffle – Silent Auction – 50/50 Draw
 Turkey Lunch Served at Noon
- Friday, Dec. 19** **9:30 – 12:30 Ind. speech therapy by appt.-Susan and Jennifer**
 11:00- 12:00 Exercise
 12:00 – Bag lunch
 12:30 – Music with Doug
 Ind. speech with Kristine by appt.

**I wish you all a Merry Christmas and many blessings
in the New Year.**

**We are off for two weeks for the holidays, returning to therapy
meetings on January 9th, 2026.**



<https://oceansidestrokerecovery.org>

