



SCHEDULE FOR MAY 2025

Friday, May 2nd, 9:30 – 10:30 – Group speech session, - Counselling by appointment, 11:00 – Exercise, 12:00 – bag lunch, 12:30 - Susan Warner, Guest speaker

Tuesday, May 6th, Music in Foster Park 3:00 p.m. -4:00 p.m.

Friday, May 9th 9:30 – 10:30 – Group speech sessions, -Counselling by appointment, 11:00 – Exercise, 12:00 – bag lunch, 12:45 – Art Therapy

Tuesday, May 13th, Music in Foster Park 3:00 p.m. – 4 :00 p.m.

Friday, May 16th , 9:00 – 12:00 Individual speech by appointment, 11:00 – Exercise, 12:00 – bag lunch, 12:30 – Lotto ticket Bingo with Kathleen

Tuesday, May 20th, Music in Foster Park 3:00 p.m. – 4:00 p.m.

Friday, May 23rd 9:00 – 12:00 Individual speech by appointment, 11:00 - Exercise, 12:00 – bag lunch, 12:30 - Latest Scam avoidance, RCMP

Tuesday, May 27th , Music in Foster Park 3:00 p.m. – 4:00 p.m.

Friday, May 30th Lunch out at Smitty's 11:30 a.m.

Thought for the Month

We cannot always do great things, but we can all do small things with great love.

Mother Theresa



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