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SCHEDULE FOR MAY 2025

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**Tuesday, June 3rd Music in Foster Park 3:00 p.m. - 4:00 p.m.**

**Friday, June 6th 9:30 – 10:30 – Group speech session, - Counselling by appointment, 11:00 – 12:00 Exercise, 12:30 - 1:30 Deborah Baergen of Kayden Designs**

**Tuesday, June 10th, Music in Foster Park 3:00 p.m. – 4 :00 p.m.**

**Friday, June 13, 9:30 – 10:30 Group speech session, 9:00 - 12:00 - Counselling by appointment, 11:00 – Exercise, 12:00 – bag lunch, 12:45 – 1:45 Art therapy**

**Tuesday, June 17th, Music in Foster Park 3:00 p.m. – 4:00 p.m.**

**Friday, June 20th 9:00 – 12:00 Individual speech by appointment, 11:00 - Exercise, 12:00 – bag lunch, 12:30 - Wellness talk with Jennie**

**Tuesday, June 24th , Music in Foster Park 3:00 p.m. – 4:00 p.m.**

**Friday, June 27<sup>th</sup> Lunch out at Ricky's 11:30 a.m.**

**Thought for the Month**

**Yesterday is history, tomorrow is a mystery, today is a gift!**