



SCHEDULE FOR MARCH 2025

**Friday, March 7th, 9:30 – 10:30 - Group speech sessions, Counselling by appt.
11:00 – Exercise, 12:00 – bag lunch, 12:30 – Strings and Sings, Ukelele Band**

**Friday, March 14th, 9:30 – 10:30 – Group speech session, Counselling by
appointment, 11:00 – Exercise, 12:00 – bag lunch, 12:45 – Art Therapy**

**Friday, March 21st, 9:00 – 12:00 Individual speech by appointment,
11:00 – Exercise, 12:00 – bag lunch, 12:30 – Music with Doug**

Friday, March 28th, Lunch out at Smitty's – Arrive at 11:30.

Thought for the Month

**When a clown moves into a palace, he doesn't become a king, the palace
becomes a circus. – Old Turkish Proverb**



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