



SCHEDULE FOR APRIL 2024

Friday, April 5, 9:30 -10:30, Group speech session,
11:00 a.m. - Exercise, **12:00** bag lunch, **12:30** – Songbirds Choir Concert

Friday, April 12, 9:30 – 10:30 - Group speech session, Counselling by appt.
11:00 Exercise, **12:00** bag lunch, **12:45** – Art Therapy with Carrie

Friday, April 19, 9:30 – 12:00 - Speech sessions by appt. **with Susan**
11:00 Exercise, **12:00** – bag lunch, **12:30** – Music session with Doug

Friday, April 26, 11:30 – Potluck Lunch at Kathleen’s Activity Hall.
Windsor Court, 454 Morison Ave. Parksville.

Happy Easter

Thought for the Month

Be grateful that no matter how much chocolate you eat,

your earrings will still fit.



<https://oceansidestrokerecovery.org>

