



SCHEDULE FOR JUNE 2023

Friday, June 2, 9:30 -10:30, Group speech session, 11:00 -12:00, Exercise, 12:00 bag lunch, 12:30 – 1:30, Ramblers Band

Friday, June 9, 9:30 - 12:00, Speech therapy by appt.
11:00 Exercise, 12:00 bag lunch, 12:30 Occupational therapy

Friday, June 16, 9:30 - 12:00 ,Speech therapy by appt.
11:00 Exercise, 12:00 bag lunch, 12:30 Music Therapy

Thursday, June 22, 3:00 p.m. – 4:00 p.m. Music in Foster Park

Friday, June 23, 9:30 – 12:00, speech therapy by appt. 11:00 Exercise, 12:00 bag lunch, 12:30 - Bingo

Thursday, June 29, 3:00 p.m. - 4:00 p.m. Music in Foster Park

Friday, June 30, Lunch out at Micky J’s Bar and Grill, Arrowsmith.

Thought for the Month

Because we all share this planet earth, we have to learn to live in harmony and peace with each other and with nature. This is not just a dream, but a necessity. The Dalai Lama



<https://oceansidestrokerecovery.org>

