

https://oceansidestrokerecovery.org



DECEMBER, 2022

Friday, December 2, 9:30 – 10:30 Speech Communication Group, 11:00 Exercise, 12:00 bag lunch. 12:30 – 1:30 Occupational therapy

Friday, December 9, 10:30 Christmas Party at the Bradley Centre

Friday, December 16, 9:30 Speech therapy by appt. Counseling by appt. **11:00** Exercise, **12:00** bag lunch, **12:30** Music therapy

Off for the holidays, we return on January 6, 2023.

Wishing all of you health, happiness and many blessings in the new year!

Thought for the Month

The greatest treasures in this life, do not come from a store,

Memories shared are memories kept, to treasure evermore.

K. Falvai

MERRY CHRISTMAS AND HAPPY NEW YEAR