



JANUARY, 2022

Friday, January 7, 10:00 Speech therapy by appt.
10:30 1-1 Counselling by appt. **11:00** Exercise,
12:00 bag lunch, **12:30** Music therapy

Friday, January 14, 10:00 Speech therapy by appt.
11:00 Exercise, **12:00** bag lunch,
12:30 Music therapy, **1:30** Occupational therapy,

Friday, January 21, 10:00 Speech therapy by appt.
11:00 Exercise, **12:00** bag lunch,
12:30 Music therapy,

Friday, January 28, 10:00 Speech therapy by appt.
11:00 Exercise, **12:00** bag lunch
12:30 Music therapy

THOUGHT FOR THE MONTH

We are not all in the same boat, but we are all in the same storm.



<https://oceansidestrokerecovery.org>

