



DECEMBER 2021

Friday, December 3, 10:00 Speech sessions by appt.
11:00 Exercise, **11:00** 1-1 Counselling by appt. **12:00** bag lunch,
12:30 Music therapy

Friday, December 10, 10:00 Speech therapy by appt.
11:00 Exercise, **12:00** bag lunch,
12:30 Music therapy, **1:30** Occupational therapy,

Friday, December 17, 10:00 Speech therapy by appt.
11:00 Exercise, **12:00** bag lunch,
12:30 Music therapy, **1:30** Guest speaker, Tamara Paton, Lifeline

Friday, December 24 and Friday, December 31 – off for Christmas holidays

Therapy sessions resume on Friday, January 7, 2022
Merry Christmas and Happy New Year!

THOUGHT FOR THE MONTH

**Let your smile change the world,
Not the world change your smile.**



<https://oceansidestrokerecovery.org>

