## October 2021

**Friday, October 1**, Speech sessions by appt. starting at !0:00

Exercise starts at 11:00, bag lunch at noon, Music therapy 12:30-1:30

**Friday, October 8,** Speech therapy by appt. starting at 10:00

Exercise starts at 11:00, lunch at noon, Music therapy 12:30 – 1:30

Occupational therapy 1:30 – 2:30

**Friday, October 15**, Speech therapy by appt. starting at 10:00

Exercise starts at 11:00, lunch at noon, Music therapy 12:30 – 1:30

**Friday, October 22,** Speech therapy by appt. starting at 10:00

Exercise starts at 11:00, lunch at noon, Music therapy 12:30 – 1:30

**Friday, October 29**, Speech therapy by appt. starting at 10:00

Exercise starts at 11:00, lunch at noon, Music therapy 12:30 – 1:30

## Thought for the Month

Life is never really what it seems – it is always more.

Happy Thanksgiving Day. Happy Halloween