



NOVEMBER 2021

Friday, November 5, 10:00 Speech sessions by appt.
11:00 Exercise, **12:00** bag lunch, **12:30** :Music therapy

Friday, November 12, 10:00 Speech therapy by appt.
11:00 Exercise, **12:00** bag lunch, **12:30** Music therapy
1:30 Occupational therapy, **11:00** Caregiver Counsellor

Friday, November 19, 10:00 Speech therapy by appt.
11:00 Exercise, **12:00** bag lunch, **12:30** Music therapy

Friday, November 26, 10:00 Speech therapy by appt.
11:00 Exercise, **12:00** bag lunch, **12:30** Music therapy

THOUGHT FOR THE MONTH

The difference: Thanksgiving is a day when we pause to give thanks for the things we have: Remembrance Day is a day when we pause to give thanks to the people who fought for the things we have.