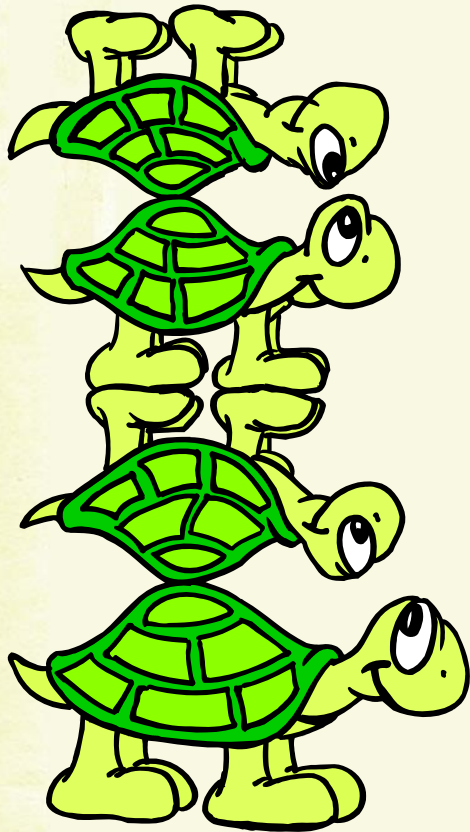


OCEANSIDE STROKE RECOVERY

SCHEDULE

August, 2021



Thursday, August 5, cancelled
Therapist away

Friday, August 6, cancelled
Therapist away.

Thursday, August 12, in Foster Park
Music therapy, 2:45p.m. – 3:45

Friday, August 13, on Zoom
Exercise therapy, 11:00 a.m.-12:00

Thursday, August 19, in Foster Park
Music therapy, 2:45 p.m.-3:45

Friday, August 20, on Zoom
Exercise therapy, 11:00 a.m.-12:00

Thursday, August 26, in Foster Park
AGM – 1:45 p.m. – 2:45 p.m.

Music therapy, 2:45 p.m. – 3:45

Friday, August 27, on Zoom
Exercise therapy 11:00 a.m.- 12:00

Thought for the month: Life is an open door to all that is possible, and that is a powerful thing.

Live life to the fullest and focus on the positive.