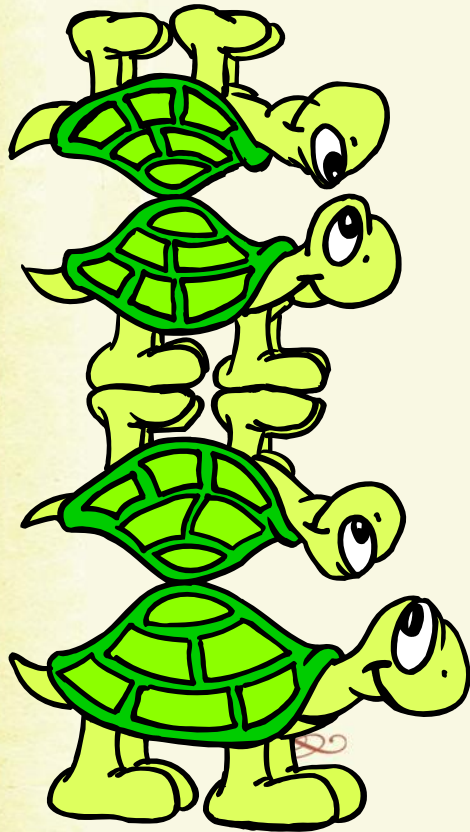


OCEANSIDE STROKE RECOVERY

SCHEDULE



February, 2021



Friday, Feb. 5. on Zoom

Exercise therapy, 11:00a.m.-12:00

Friday, Feb. 12, on Zoom

Exercise therapy, 11:00a.m. - 12:00

Friday, Feb. 19, on Zoom

Exercise therapy, 11:00 a.m.-12:00

Music therapy, 2:00 p.m. -3:00 p.m.

Friday, Feb. 26, on Zoom

Exercise therapy, 11:00 a.m.-12:00

Thought for the month:

Peace is not the absence of conflict. It is the ability to handle conflict by peaceful means. Ronald Reagan

Happy Valentine's Day

Grow through what you go through.