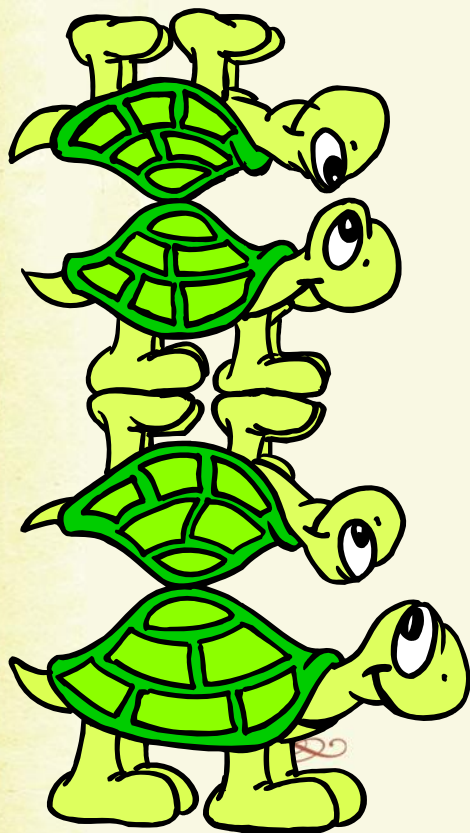


# OCEANSIDE STROKE RECOVERY

## SCHEDULE



November 2020



### Afternoon Group

**Friday, Nov 6. 1:30 p.m.**

Exercise therapy, 1:30 -2:30p.m.

Speech therapy included

Art therapy, 2:30-3:30 p.m.

**Friday, Nov.13, 1:30 p.m.**

Exercise therapy, 1:30 – 2:30a.m.

Speech therapy included

Occupational therapy, 2:30 - 3:30 p.m.

**Friday, Nov. 20, 1:30 p.m.**

Exercise therapy, 1:30-2:30 p.m.

Speech therapy included

Music therapy, 2:30-3:30 p. m.

**Friday, Nov.27, No Meeting on the last Friday of the month**

**Note: There will be no tea or coffee service. No food is permitted in the church. Please bring a water bottle and wear a mask.**

*The art of being wise is the art of knowing what to overlook!*