

OCEANSIDE STROKE RECOVERY

SCHEDULE



November 2020

Morning Group

Friday, Nov.6, 10:30 a.m.

Art therapy, 10:30 -11:30a.m.

Speech therapy included

Exercise therapy, 11:30-12:30p.m.

Friday, Nov. 13, 10:30 a.m.

Occupational therapy, 10:30 -11:30a.m.

Speech therapy included

Exercise therapy, 11:30 - 12:30 p.m.

Friday, Nov. 20, 10:30 a.m.

Music therapy, 10:30-11:30 a.m.

Speech therapy included

Exercise therapy, 11:30-12:30 p.m.

Friday, Nov. 27, No Meeting on the last Friday of the month

Afternoon Group

Friday, Nov 6. 1:30 p.m.

Exercise therapy, 1:30 -2:30p.m.

Speech therapy included

Art therapy, 2:30-3:30 p.m.

Friday, Nov.13, 1:30 p.m.

Exercise therapy, 1:30 – 2:30a.m.

Speech therapy included

Occupational therapy, 2:30 - 3:30 p.m.

Friday, Nov. 20, 1:30 p.m.

Exercise therapy, 1:30-2:30 p.m.

Speech therapy included

Music therapy, 2:30-3:30 p. m.

Friday, Nov.27, No Meeting on the last Friday of the month

Note: There will be no tea or coffee service. No food is permitted in the church. Please bring a water bottle and wear a mask.

The art of being wise is the art of knowing what to overlook!