



## SCHEDULE

*January 2020*



**Friday, January 3, 11:00 a.m.**

Exercise therapy

Speech therapy

Art therapy 12:30 - 1:30 p.m.

**Friday, January 10, 11:00 a.m.**

Exercise therapy

Speech therapy

Occupational therapy 12:30 - 1:30 p.m.

**Friday, January 17, 11:00 a.m.**

Exercise therapy

Alison, Caregiver Counselling 11:00

Speech therapy

Music therapy 12:30-1:30 p.m.

**Friday, January 24, 11:00 a.m.**

Exercise therapy

Speech therapy

Combined stroke survivors and  
caregiver counselling 12:30 – 1:30

**Friday, January 31, 11:30 a.m.**

**Lunch out at Rickys, order off the  
menu, pay for your selection.**

**Coffee Tues. at Topspot 9:30 a.m.**