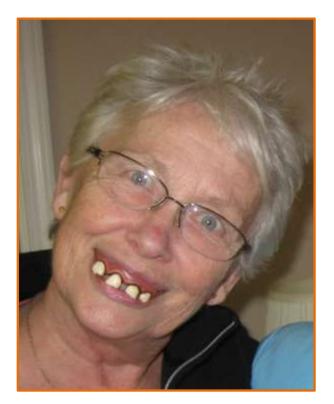


SCHEDULE

October 2019





Friday, October 4, 11:00 a.m. Exercise therapy Speech therapy Art Therapy after lunch

Friday, October 11, 11:00 a.m. Exercise therapy Speech therapy Occupational therapy 12:30-1:30 Zubeida Vuurens from CRA Pacific Region Outreach, Disability Tax credit.

Friday, October 18, 11:00 a.m. Exercise therapy Alison, Caregiver Counselling 11:00 Speech therapy Music therapy

Friday, October 25, 11:30 a.m. Lunch out at the Bradley Centre, \$7. Halloween Costumes (optional)

Coffee at Trees Tuesdays, 9:30 – 11:00

Thought for the month:

Make decisions that maximize the joy in your life.