



SCHEDULE

July 2019



Exercise time



Music Therapy

Friday, July 5, 11:00 a.m.

Exercise therapy with Theresa

Speech therapy

Art therapy

Robert Anaka- Amazing Walker Demo

Friday, July 12, 11:00 a.m.

Exercise therapy with Theresa

Speech therapy

Occupational therapy 12:30-1:30

Friday, July 19, 11:00 a.m.

Exercise therapy with Theresa

Caregivers Counselling, 11:00

Speech therapy

Music therapy

Friday, July 26, 11:00 a.m.

AGM with free pizza lunch

Windsor Court, 454 Morison Ave.

Parksville.

Coffee at Trees Tuesdays, 9:30-11:00

**Thought for the month: We don't
laugh because we are happy, we are
happy because we laugh!**

Remember – we are closed for the month of August!