

OCEANSIDE STROKE RECOVERY

SCHEDULE

March 2019



Playing Games

***Breakfast at Tree's Restaurant
every Tuesday morning
9:30 a.m.***

**Live simply, love generously,
care deeply and speak kindly.**

Friday, March 1, 10:00 a.m.

Occupational therapy - Sheila
Exercise therapy – Melanie
Speech therapy
Art therapy – with Carrie

Friday, March 8, 11:00 a.m.

Exercise therapy – Melanie
Speech therapy
Ukelele Band

Friday, March 15, 11:00 a.m.

Exercise therapy - Melanie
Speech therapy
Music therapy
Allison Reeves, Counsellor, 11:00 a.m.

Friday, March 22, 11:00 a.m.

Exercise therapy – Melanie
Speech therapy
Alison – 12:30-1:30 Combined
therapy, stroke survivors and
caregivers.

Friday, March 29, 11:30 a.m.

**Lunch out at Bradley Centre. \$7.00
All inclusive.**