

Seaside

Stroke Recovery Society

SCHEDULE

November 2018



Friday November 2, 11:00 a.m.

Exercise therapy – Theresa
Speech therapy
Art therapy – with Carrie

Friday, November 9, 11:00 a.m.

Exercise therapy - Theresa
Speech therapy
Songbirds Choir



Friday November 16, 11:00 a.m.

Exercise therapy - Theresa
Speech therapy
Music therapy
Caregivers Counselling with Allison Reeves, 11:00 a.m.



Friday, November 23, 11:00 a.m.

Exercise therapy – Theresa
Speech therapy
Stroke survivors and caregivers combined counselling – 12:30 – 1:30

Friday, November 30, 11:45
Lunch out at the Bradley Centre
\$7 all inclusive.

Breakfast at Tree's Restaurant every Tuesday morning 9:30 a.m.