

# Seaside

## Stroke Recovery Society

### SCHEDULE

**February 2018**



**Friday February 2, 11:00 a.m.**

Exercise therapy  
Speech therapy  
Art therapy

**Friday, February 9, 11:00 a.m.**

Exercise therapy  
Speech therapy  
Musical entertainment

**Friday, February 16, 11:00 a.m.**

Exercise therapy  
Speech therapy  
Music therapy  
**Allison Reeves, Counsellor, 11:00 a.m.**

**Friday, February 23, 11:45 a.m.**  
**Lunch out at The Bradley Centre**  
**\$7.00 all inclusive**

Tuesday Coffee at Trees 9:30 a.m.



**Thought for the month:**  
**Life is not about waiting for the storms to pass...it's about learning to dance in the rain.**

