



Stroke Recovery Society

SCHEDULE

January 2018



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Friday January 5, 11:00 a.m.

Exercise therapy
Speech therapy
Art therapy

Friday, January 12 , 11:00 a.m.

Exercise therapy
Speech therapy
Life Support Presentation

Friday, January 19, 11:00 a.m.

Exercise therapy
Speech therapy
Music therapy
Allison Reeves, Counsellor, 11:00 a.m.

Friday, January 26, 11:30 a.m.

**Lunch out at Thallasa's
\$20. All inclusive**

Tuesday Coffee at Serious Coffee -
9:30 a.m.

Thought for the month: Your success and happiness lie within you. Resolve to keep happy, and your joy and you will form an invisible host against difficulties.- Helen Keller