

# Seaside

Stroke Recovery Society  
**SCHEDULE**

## December 2017



Christmas Party 2016 at the Bradley Centre



**Friday, December 1, 11:00 a.m.**

Exercise therapy  
Speech therapy  
Art therapy

**Friday, December 8, 11:00 a.m.**

Christmas Turkey Lunch and  
Christmas Party at the Bradley  
Center. Raffle, Silent auction, etc.  
\$20

**Friday, December 15, 11:00 a.m.**

Exercise therapy  
Speech therapy  
Music therapy

**Allison Reeves, Counsellor, 11:00  
a.m.**

**Friday, December 22, off for  
Christmas Holidays.**

**Back on Friday, January 5, 2018**

Tuesday Coffee at Trees 9:30 a.m.

**Thought for the month:**

**Thousands of candles can be lit  
from a single candle and the life  
of the candle will not be  
shortened. Happiness never  
decreases from being shared.**

*Merry Christmas!*