

Seaside Stroke Recovery Society **SCHEDULE**

November 2017



At the Qualicum Beach Wellness Fair



Lunch with friends

Friday, November 3, 11:00 a.m.

Exercise therapy
Speech therapy
Art therapy

Friday, November 10, 11:00 a.m.

Exercise therapy
Speech therapy
K.C. and Margot, Musical
Entertainment

Friday, November 17, 11:00 a.m.

Exercise therapy
Speech therapy
Music therapy
Allison Reeves, Counsellor, 11:00
a.m.

Friday, November 24, 11:45 a.m.

**Lunch out at Bradley Centre,
\$7.00 all inclusive**

**Tuesday Coffee at Trees 9:30
a.m.**

*Thought for the month:
Be careful with your words. They
can only be forgiven, not forgotten.*