

ceanside

Stroke Recovery Society

SCHEDULE

May 2017



Breakfast at Tree's Restaurant
Tuesday 9.30 a.m.

Friday, May 5, 11:00 a.m.

Exercise therapy
Speech therapy
Art therapy

Friday, May 12, 11:00 a.m.

Exercise therapy
Speech therapy
Rainbow Stew Cloggers

Friday, May 19, 11:00 a.m.

Exercise therapy
Speech therapy
Music therapy
Allison Reeves, Counsellor,
11:00 a.m.

Friday, May 26, 11:45 a.m.

**Lunch out at the Bradley
Centre
\$7. All inclusive**

**Coffee at Trees Restaurant,
Tuesday mornings, 9:30-11:00
a.m.**

Thought for the month:

**I am no longer accepting the things I cannot change.
It is now time to change the things I cannot accept.**