

Seaside

Stroke Recovery Society

SCHEDULE

September 2017



August Picnic



A little pampering

Friday, Sept. 1, 11:00 a.m.

Exercise therapy
Speech therapists away
Art therapy

Friday, Sept. 8, 11:00 a.m.

Exercise therapy
Speech therapy
Eileen and Trevor Wicks, Music duo

Friday, Sept. 15, 11:00 a.m.

Exercise therapy
Speech therapy
Music therapy
Allison Reeves, Counsellor,
11:00 a.m.

Friday, Sept. 22, 11:00 a.m.

Exercise therapy
Speech therapy
Stroke survivor and caregiver counselling at 12:30 – 1:30p.m.

Friday, Sept. 29, 11:30

Lunch out at the Qualicum Beach Inn
\$20 per person (**tax and tip not included**)

Tuesday Coffee at Trees 9:30 a.m.

An act of goodness is in itself an act of happiness.

In a world where you can be anything...

Be kind